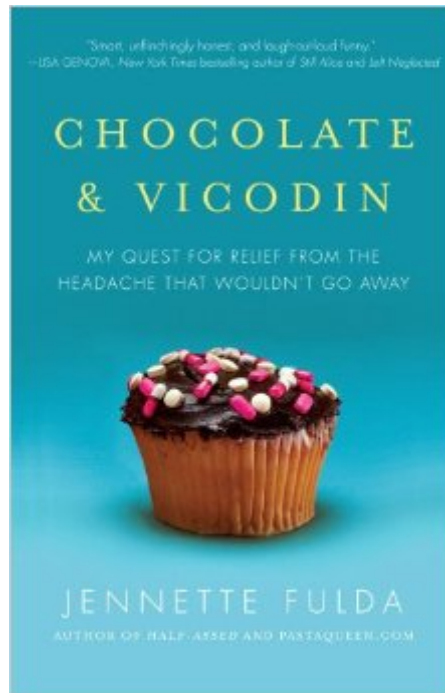


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Chocolate & Vicodin: My Quest For Relief From The Headache That Wouldn't Go Away



Synopsis

The humorous and touching memoir of a woman who's been seeking relief from a headache for more than two years. Jennette Fulda was riding high on the success of her first book, *Half-Assed: A Weight-Loss Memoir*, until one fateful day in February 2008, when she developed a headache—and it never went away. So she dealt with it the best way she knows how: by writing about it. And eating lots of chocolate. In *Chocolate and Vicodin*, Jennette explores her change of identity from the girl who lost hundreds of pounds to the girl who lives with constant pain, and all she's had to endure to try and make the pain stop—from a bevy of expensive, time-consuming tests, which have taught her interesting facts (for example, that an MRI does indeed cost more than a European vacation and doesn't last nearly as long), to tons of medications prescribed by her doctors to hilarious, sometimes insane advice she's received from her blog readers. While nothing's been able to grant her relief, she has gained a new perspective. Instead of dwelling on the invisible tiara of nails she may very well wear for the rest of her life, she's instead learned how to live with the pain, sharing with readers not only how she's managed to get by, but to laugh and thrive in spite of it.

Book Information

File Size: 1595 KB

Print Length: 307 pages

Publisher: Pocket Books; 1 edition (February 22, 2011)

Publication Date: February 22, 2011

Sold by: Simon and Schuster Digital Sales Inc

Language: English

ASIN: B0043RSJ68

Text-to-Speech: Not enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #443,238 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #14

in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches #440

in Kindle Store > Kindle eBooks > Biographies & Memoirs > Professionals & Academics > Medical
#1397 in Books > Biographies & Memoirs > Professionals & Academics > Medical

Customer Reviews

Chocolate and Vicodin is a must-read for anyone suffering with chronic pain or those that live with someone with chronic pain. Ms. Fulda will not solve your problems for you but she will make you feel much less alone with your pain and make you smile at the same time. I am honestly afraid of support groups because who wants to be around others complaining. Ms. Fulda is able to explain her situation and all that she goes through without sounding like she's complaining. She just shows you the real side of herself and how she is pulling herself through even though she still does not have a diagnosis. I understand the not-knowing. I can somewhat name my problem, though there is still some gray area to mine as well, but to not know at all has to be tough. The book is written in a real yet a humorous manner. I love when she gets snarky at times (mostly in her mind), that is the same way I feel at times and to be able to get that out would be wonderful. Ms. Fulda proves that you can get through it like she does and there are days when you will be down but sometimes you just have to adjust your reality, change your life to suit it and move on. I think this is the core message. Another things I took away - it is normal to feel alone when suffering from something that others can't see. Like she says - it's easy for someone to see you are in pain when you are curled up in a ball, but when you are going on with everyday life the best way you can, then the pain is harder to see (I paraphrase). I loved this book, I felt like I was talking with a friend when I was reading it and I saw so much of myself while reading it. I would like to thank Ms.

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Chocolate & Vicodin: My Quest for Relief from the Headache that Wouldn't Go Away Naturally
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